

# Correction Mammoplasty

- Replacement of breast implants to correct capsular contracture, leaking implants, etc. or for those who want to change their current implants to larger ones.

<b>Price:</b>	<400 cc:	3,200 US\$ (2 nights stay)
	400-525 cc:	3,500 US\$ (2 nights stay)
	550-800 cc:	4,200 US\$ (2 nights stay)
	1000 cc:	7,500 US\$ (3 nights stay)

## Pre- Op Instructions:

- ◆ Consultation with surgeon
- ◆ Evaluation for other medical conditions
- ◆ No intake of food or water 8 hrs prior to surgery
- ◆ Prepare support bra
- ◆ Stop smoking & alcohol intake at least 2 weeks before surgery
- ◆ Anticoagulants, vitamins, hormones (including birth control pills), anti-depressants & some other medications also to be stopped at least 2 weeks before surgery.

NOTE: *Please provide Yanhee with a complete list of medications you are taking so proper advice can be given as to which medications should or shouldn't be stopped.*

**Anesthesia:** General anesthesia

**Duration:** 1-2 hours



*Yanhee International Hospital*  
**PLASTIC SURGERY CENTER**

## Procedure:

- ◆ Incision is made either in the inframammary fold or around the areola
- ◆ The old implant with its capsule of fibrous tissue is dissected & removed
- ◆ The new implant is placed in the pocket made
- ◆ Incisions are closed with sutures
- ◆ Bandages are applied and fixed with surgical tape

## Post-op Instructions:

- ◆ Get enough rest, avoid alcohol & smoking for at least 1 month
- ◆ Start ambulating as soon as possible
- ◆ Avoid strenuous activities for 4 wks
- ◆ Refrain from physical contact with breasts for 3-4 wks
- ◆ May shower 48 hrs after removal of drain tubes
- ◆ Follow-up check with the surgeon will be 7-10 days after for suture removal and instructions on how to properly massage breasts to avoid capsular contraction
- ◆ Only support bras without wire should be used after sutures are removed
- ◆ According to doctor's instructions, bras may be worn about 1-2 weeks after surgery when most of the swelling has gone down. Support bras are recommended to maintain breast shape.

## Breast Massage Procedure

Position 1: Use both hands to gently push both breasts to bring them close together.

Position 2: Same as position 1 but breasts are pushed away from each other.

Position 3: Push both breasts downwards.

Position 4: Push both breasts upwards.

*Remarks: Massage gently to all 4 positions and repeat many times as directed.*

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Yanhee International Hospital

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